

New Years fitness resolutions broken? If so re-ignite your sporting life by entering the annual athletic extravaganza that is

THE GARDENS TRIATHLON

The competition comprises:

DARTS – Will Heino gain revenge on Nige?

TABLE TENNIS – Can anyone stop Robin and Laurence meeting in the final again?

DOMINOES – Can Laurence remember how he won?

TRIATHLON CHAMPION – Will Paul be the first to defend the title?

OR CAN YOU DO BETTER? IF SO THEN

Sign up by emailing nigel.tabbron@tiscali.co.uk and promising to pay your £5 entry fee to avoid disappointment.
Rules of Engagement and dates attached